

FY 20 CMHC DELIVERABLES

AGENCY	ADULT ONLY	CHILD ONLY	ADULTS & CHILDREN (Blended)
Abbe Center	Peer Support Center	Collaboration services with schools, community, and families. Youth Mental Health First Aid Parent Child Interactive Therapy (PCIT) Cool Kid Anxiety Treatment Program Eye Movement Desensitization and Reprocessing (EMDR)	First Episode Psychosis* Certified Community Behavioral Health Center (CCBHC) Applied Suicide Intervention Skills Training (ASIST) Question, Persuade, and Refer (QPR) <i>*Additional MHBG set aside funding</i>
Alegent	Mental Health First Aid (MHFA)	Youth Mental Health First Aid (YMHFA)	
Black Hawk Grundy	Peer Support Center	Direct School Based Mental Health Services for children not Medicaid eligible. Consultation Services with in-house psychologist Theraplay Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	
Burgess	Acceptance and Commitment Therapy (ACT) Emotionally Focused Therapy for couples	Behavioral Health Intervention Services (BHIS) or children not Medicaid eligible	Mental Health First Aid (MHFA)

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Capstone	Eye Movement Desensitization and Reprocessing (EMDR) Cognitive Behavioral Therapy (CBT) Integrated Health Home (IHH) for adults not Medicaid eligible Mindfulness Based Cognitive Therapy (MBCT) Learning Disability Testing	Eye Movement Desensitization and Reprocessing (EMDR) Learning disability testing	
Center Associates	Eye Movement Desensitization and Reprocessing (EMDR)	Eye Movement Desensitization and Reprocessing (EMDR)	
CHC's Southern Iowa	Dialectical Behavioral Therapy (DBT) Mental Health First Aid (MHFA)	Mindfulness Based Cognitive Therapy (MBCT) Theraplay	
Counseling Services	Eye Movement Desensitization and Reprocessing (EMDR) Direct Out-patient Services		
Creative Living	Eye Movement Desensitization and Reprocessing (EMDR)	Acceptance Commitment Therapy (ACT) Cool Kids--Anxiety Treatment Program	

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Crossroads	Integrated Health Home for adults not Medicaid Eligible Eye Movement Desensitization and Reprocessing (EMDR) Care Coordination Direct out patient Services	Integrated Health Home for children not Medicaid Eligible Behavioral Health Intervention Services (BHIS) or children not Medicaid eligible Eye Movement Desensitization and Reprocessing (EMDR) Care Coordination Direct out patient Services	
Eyerly Ball	Eye Movement Desensitization and Reprocessing (EMDR) Mindfulness Based Cognitive Therapy (MBCT) Acceptance Commitment Therapy (ACT) Integrated Health Home for adults not Medicaid Eligible Habilitation services to adults not Medicaid Eligible Direct out-patient therapy Community Support Services Collaborative Team Meetings Wellness Recovery Action Planning (WRAP) Mental Health First Aid (MHFA) Suicide Intervention Skills Training (ASIST) Question, Persuade, and Refer (QPR)	Youth Mental Health First Aid (YMHFA)	First Episode Psychosis* Certified Community Behavioral Health Center (CCBHC) <i>*Additional MHBG set aside funding</i>

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Hillcrest	Acceptance and Commitment Therapy (ACT) Integrated Health Home (IHH) for adults not Medicaid Eligible	Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Direct Out-Patient Services	Daily Living Activities-20 (DLA-20) outcome measurement
North Central MHC	Integrated Health Home (IHH) for adults not Medicaid Eligible	Integrated Health Home (IHH) for children not Medicaid Eligible Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Youth Mental Health First Aid (YMHFA)	
Northeast Behavioral	Eye Movement Desensitization and Reprocessing (EMDR) Mindfulness Based Cognitive Therapy (MBCT) Question, Persuade, Refer (QPR)	Daily Living Activities-20 (DLA-20) outcome measurement Adverse Childhood Experiences (ACEs) Systems Training for Emotional Predictability and Problem Solving(STEPPS)	
Northwest MHC	Assertive Community Treatment (ACT) for adults not Medicaid eligible	Respite Services	

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Orchard Place		Motivational Interviewing Child Parent Psychotherapy (CPP) Eye Movement Desensitization and Reprocessing (EMDR) Trauma Foced-Cognitive Behavioral Therapy (CBT) Trust Based Relational Intervention (TBRI) Early Childhood Competency/endorsement	
Pathways	Eye Movement Desensitization and Reprocessing (EMDR) Integrated Health Home (IHH) for adults not Medicaid Eligible	Parent Child Interactive Therapy (PCIT) Child Centered Play Therapy Integrated Health Home (IHH) for children not Medicaid Eligible	Trauma Informed Care (TIC) Daily Living Activities-20 (DLA-20) outcome measurement
Plains Area	Eye Movement Desensitization and Reprocessing (EMDR) Integrated Health Home (IHH) for adults not Medicaid Eligible	Integrated Health Home (IHH) for children not Medicaid Eligible. Youth Mental Health First Aid (YMHFA)	Certified Community Behavioral Health Center (CCBHC)
Prairie Ridge	Eye Movement Desensitization and Reprocessing (EMDR) Partners for Change Outcome Management System (PCOMS)		
Shelby County Hospital	Eye Movement Desensitization and Reprocessing (EMDR) Dialectical Behavioral Therapy (DBT) Wellness Recovery Action Plan (WRAP)	Eye Movement Desensitization and Reprocessing (EMDR) Behavioral Health Intervention Services (BHIS) for children not Medicaid Eligible	

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Siouxland			First Episode Psychosis Improved Service Delivery (MTM)
Southern IA MHC	Integrated Health Home (IHH) for adults not Medicaid Eligible Mental Health First Aid (MHFA) Eye Movement Desensitization and Reprocessing (EMDR) Dialectical Behavioral Therapy(DBT) Assertive Community Treatment(ACT)	Integrated Health Home (IHH) for children not Medicaid Eligible Eye Movement Desensitization and Reprocessing (EMDR) Dialectical Behavioral Therapy (DBT) Youth Mental Health First Aid (YMHFA)	
Southwest IA MHC	Eye Movement Desensitization and Reprocessing (EMDR) Motivational Interviewing		
Vera French	Assertive Community Treatment (ACT) Applied Suicide Intervention Skills Training (ASIST)	Trauma Focused Cognitive Behavioral Therapy (TF-CBT)	Certified Community Behavioral Health Center (CCBHC)